

ITEMS FOR DISCUSSION AND ACTION\ACADEMIC AND PERSONNEL

January 13, 2021

ACTION: **Approve Addition of Mental Health and Addictions Minor for Chadron State College**

Per Board Policy 4200, which requires all new academic programs to be submitted to the Board for approval, Chadron State seeks approval to add the following four undergraduate minors beginning Fall 2021:

Mental Health and Addictions - Alcohol and Drug Counseling
Mental Health and Addictions - Criminal Justice
Mental Health and Addictions - Social Welfare
Mental Health and Addictions - Wellness

The System Office and Chadron State College recommend approval of the Addition of Mental Health and Addictions Minor for Chadron State College.

ATTACHMENTS:

- CSC Mental Health and Addictions Minors - Jan 2021 Final (PDF)

Chadron State College
Proposal for Four Undergraduate Minors in Mental Health and Addictions
Department of Professional Studies: Counseling Program

1. Descriptive Information

- a. Name of Institution
Chadron State College
- b. Name of Program
Counseling
- c. Degrees/credentials to be awarded graduates of the program
Undergraduate Minors in Mental Health and Addictions
- d. Other programs offered in this field by institution
No similar program offered
- e. CIP code
51.1501 - Substance Abuse/Addiction Counseling
- f. Administrative units for the program
School of Professional Studies & Applied Sciences
Department of Professional Studies
- g. Proposed delivery site(s) and type(s) of delivery, if applicable
Courses vary and include both Online and On Campus modalities
- h. Proposed date (term/year) the program will be initiated
Fall 2021
- i. Description, including credit hours and other requirements (program of study) and purpose of the proposed program:

The Mental Health and Addictions Minors are designed to complement a variety of undergraduate majors for students wishing to incorporate a mental health addiction focus. Four minors will be offered, which specialize in Alcohol and Drug Counseling, Criminal Justice, Social Welfare, and Wellness. Students who choose the Alcohol and Drug Counseling minor will be eligible to apply for provisional licensure as a Licensed Alcohol & Drug Counselor (PLADC) in the state of Nebraska.

Mission: The Mental Health and Addictions Minors provide students with an opportunity to focus on Mental Health and Addictions from four distinct perspectives: Alcohol and Drug Counseling, Criminal Justice, Social Welfare, or Wellness. In addition, CSC supports rural health by providing opportunities for students to become provisionally Licensed Alcohol & Drug Counselors (PLADC) in the state of Nebraska through the Alcohol and Drug Counseling minor.

Student Learning Outcomes:

- Students will identify the professional theories and techniques of addictions counseling.
- Students will explore aspects of counseling ethics and diversity.
- Students will identify medical and psychosocial aspects of addictions.
- Students will explore addictions from an alcohol and drug counseling, criminal justice, social welfare, or wellness perspective.

Mental Health and Addictions Minors:

A student must complete the following courses listed for each Minor.

Mental Health and Addictions - Alcohol and Drug Counseling		
COUN 127	LIFESPAN DEVELOPMENT	3
COUN 133	CLINICAL ADDICTION TREATMENT ISSUES	3
COUN 225	ADDICTION COUNSELING WITH GROUPS (ES3)	3
COUN 235	ALCOHOL/DRUG ASSESSMENT, CASE PLANNING, & MANAGEMENT	3
COUN 321	ADDICTION COUNSELING THEORIES AND TECHNIQUES (ES3)	3
COUN 323	ADDICTION COUNSELING ETHICS AND DIVERSITY (ES10)	3
COUN 331	MEDICAL AND PSYCHOSOCIAL ADDICTION ASPECTS (ES11)	3
TOTAL		21

Mental Health and Addictions - Criminal Justice		
CJ 231	INTRODUCTION TO CRIMINAL JUSTICE	3
CJ 435	DRUGS, ALCOHOL AND CRIME	3
COUN 321	ADDICTION COUNSELING THEORIES AND TECHNIQUES (ES3)	3
COUN 323	ADDICTION COUNSELING ETHICS AND DIVERSITY (ES10)	3
COUN 331	MEDICAL AND PSYCHOSOCIAL ADDICTION ASPECTS (ES11)	3
<i>Select two of the following:</i>		6
CJ 239	CRIMINOLOGY	
CJ 249	VICTIMOLOGY	
CJ 332	JUVENILE DELINQUENCY	
SW 434	POLICY ANALYSIS AND ADVOCACY	
TOTAL		21

Mental Health and Addictions - Social Welfare		
COUN 321	ADDICTION COUNSELING THEORIES AND TECHNIQUES (ES3)	3
COUN 323	ADDICTION COUNSELING ETHICS AND DIVERSITY (ES10)	3
COUN 331	MEDICAL AND PSYCHOSOCIAL ADDICTION ASPECTS (ES11)	3
FCS 420	LOSS ACROSS THE LIFESPAN	3
SW 231	PROFESSIONAL SOCIAL WORK	3
SW 251	HUMAN BEHAVIOR/SOCIAL ENVIRONMENT I	3
SW 332	SERVICES TO ELDERLY AND DIFFERENTLY ABLED	2
TOTAL		20

Mental Health and Addictions - Wellness		
COUN 321	ADDICTION COUNSELING THEORIES AND TECHNIQUES (ES3)	3
COUN 323	ADDICTION COUNSELING ETHICS AND DIVERSITY (ES10)	3
COUN 331	MEDICAL AND PSYCHOSOCIAL ADDICTION ASPECTS (ES11)	3
FCS 234	INTRODUCTION TO HEALTH AND HUMAN SERVICES	3
FCS 420	LOSS ACROSS THE LIFESPAN	3
<i>Select two of the following:</i>		6
FCS 337	GUIDANCE TECHNIQUES IN HUMAN RELATIONS, NUTRITION	
FCS 417	LIFESPAN WELLNESS (ES11)	
FCS 434	ISSUES IN HEALTH AND HUMAN SERVICES	
FCS 437	FAMILY STRENGTHS	
FCS 457	NUTRITION FOR COMMUNITY WELLNESS	
TOTAL		21

2. Centrality to Role and Mission

The Mental Health and Addictions Minor meets the role and mission of CSC and NSCS:

- Provide learner-centered pedagogy that promotes wellness.
- Provide experiences that foster knowledgeable and engaged leaders to enrich the High Plains region.
- Provide opportunities for participation in public service and service learning.
- Increase Panhandle and State career opportunities to meet rural mental health needs.

In addition, the CSC Counseling Addictions courses have been implemented in collaboration with a grant from the Behavioral Health Education Center of Nebraska (BHECN).

3. Evidence of Need and Demand

Criminal Justice Majors will benefit from a minor in Mental Health Addictions. The [Bureau of Justice Statistics](#) reported that nearly 70% of probationers reported past drug use and 32% said they were using illegal drugs in the month before their offense. Additionally, 68% of jail inmates were found to be dependent on or abusing drugs and/or alcohol.

Family and Consumer Science and Social Work Majors will benefit from a minor in Mental Health Addictions. SAMHSA's *National Survey on Drug Use and Health* reports that in 2017, approximately [18.7 million people age 18 or older had a substance use disorder in the United States](#). Careers in FCS and Social Work will likely require some knowledge of how to help clients with substance abuse.

The [Bureau of Labor Statistics](#) (BLS) projects that the field of substance abuse counseling will grow by 23% from 2016-2026. Fast job growth can mean job security and many potential openings.

Nebraska is among the fastest-growing states for substance abuse counselors. State projections show a [20.3% growth](#) in open positions from 2016-2026.

Nebraska is also one of the highest-paying states for substance abuse counselors. According to the BLS, substance abuse counselors in Nebraska earned an annual mean wage of \$53,680 in 2016, well above the national average of \$44,160.

Technically, no degree is necessary to become a substance abuse counselor in Nebraska. However, students are expected to have completed counseling-related courses at the collegiate level. CSC offers seven undergraduate and three graduate addiction courses.

4. Adequacy of Resources

Faculty and Staff Resources

Current offerings at CSC are included in the proposed minor, so no new courses, faculty, or staff are necessary.

Physical Facilities

The program will utilize the current locations of the courses currently being offered, so no additional physical facilities or renovations will be required

Instructional Equipment and Informational Resources

No additional equipment and informational resources will be required.

Budget Projections

No anticipated specific budget increases will be required to offer the existing courses that make up each of the four minors. No additional revenue is expected, since these minors will be completed by current students who will replace elective credit coursework with these courses to meet the overall degree requirement of 120 credit hours.

5. Avoidance of Unnecessary Duplication

Identify other similar programs offered in the state by public or private institutions.

There are no similar mental health addictions undergraduate counseling minors offered in Nebraska.

Identify any similar programs offered within the states that are members of the Midwestern Higher Education Compact

The Counseling courses within these minors were uniquely created for and approved by the State of Nebraska, Division of Public Health—Licensure Unit. They were designed to meet licensure requirements for a Provisional License in Alcohol and Drug Counseling (PLADC). Thus, non-Nebraska programs are incomparable.

6. Consistency with the Comprehensive Statewide Plan for Postsecondary Education

The Mental Health and Addictions Minors are designed to complement a variety of undergraduate Majors for students wishing to incorporate a mental health addiction focus. The offering of these four minors will prepare students to effectively address mental health and addiction challenges and contribute to the State's desire to increase the rural workforce in mental health services.